

PYRAMIDS IN MEDITATION: HEALING HOSPITALS ARCHITECTURE

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ABSTRACT

In recent years, the design of hospitals as an integrated part of the healing process of patients has received extensive attention from architects.

Hospitals are characterized by the complexity of functional relationships between their different components. Architects always focus on fulfilling these functional requirements giving a slight attention to the entire form of the hospital and its parts.

Nowadays a new trend towards using the shape power of pyramids in meditation is spreading as an alternative way of therapy for some diseases.

Pyramids have proved to have unique energetic properties that include medical benefits for various types of illness. They can be regarded as natural healing machines. This fact urges us as architects to give much attention to the form of hospitals. An attention towards a shift from the traditional cubic, rectangular or even circular forms to triangular or specifically the pyramid form is required.

If conditions of measurement, placement, alignment and material are well considered when constructing a pyramid, it will allow for a heightened energy field which can positively affect our public health, aid in healing and will create a beneficial environment for our body to function properly.

This paper will give novel ideas for hospital designs based on the pyramid form in order to incorporate the hospital form as an influencing parameter in aiding meditation. Architecture will then contribute in revolutionizing health care by producing natural healing hospitals.

Key words: healing power of pyramids, pyramids for meditation, hospital design, shape power, bio-geometry and alternative healing methods.

INTRODUCTION

Architects design buildings with little regard to their shapes other than being functional spaces. By knowing the power of shapes to manipulate space energy, especially the pyramid shape, architects can create a better world filled with constructive shapes that can enhance life and our well-being.

A pyramid is one of the noticeable structures in the world. During the last decade, many scientists and researchers have discovered that the great pyramids of Egypt and other similar pyramids have unique energetic properties. They have the ability to concentrate and focus aetheric forces [1].

During the 1960's and 1970's there was a great flurry of pyramid energy research and quite a large body of information on pyramid energy experiments was published. From these effects of pyramid energy is that it enhances meditation and promotes healing [1]. Research using pyramid

models has shown that they promote greater relaxation and improved tranquility in human subjects [2], [3].

David Wilcock [4], a Russian scientist wrote that pyramid technology is indeed far more advanced than we ever realized, and has the power to completely transform our planet as well as our own lives and it can substantially improve our physical, mental and spiritual health along the way. In addition, these results tear the roof off everything we thought we knew about our own bodies and about science in general.

Dr. Ibrahim Karim [5] mentioned that we need to identify a geometric design language that interacts with the energy of forms to provide spaces with the balance required for their users comfort.

All forms are expected to have their own energy power, yet, the pyramid works the best. Tests by teams of Russian scientists reveal hosts of seemingly miraculous, undeniable healing capacities of pyramid energy [4]. A large volume of magnetic

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concentration exists within the pyramidal boundaries which helps protect the human body from adverse effects of negative energies and radio frequencies. With regular use, the pyramid will help to create a beneficial environment for our body to function properly [6], see figure (1).

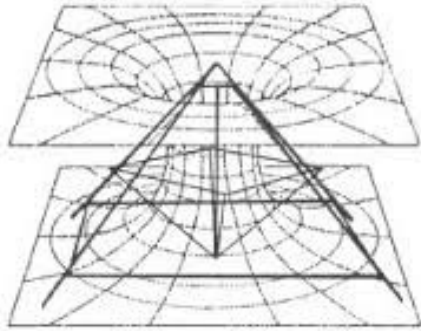


Fig. 1- Magnetic concentration within pyramidal boundaries [6]

The main function of hospitals is to medicate, heal and recover people. Hence it is worth to look at the form of hospitals from a new perspective, from an energy point of view and to take in consideration the pyramid shape as a means to promote healing and recovery.

In the early 1970s Dr. Patrick Flanagans [4] wrote a book "Pyramid Power". Later, Russian scientists followed him and constructed few pyramids that replicate the Great Pyramids of Egypt. Dr. Alexander Golod [4] was the apparent leading force in building the first pyramid structures in both Russia and the Ukraine in 1990 where an array of leading Russian scientists conducted experiments on them. They soon realized the healing "pyramid power" that has the potential to revolutionize our modern day society in so many wondrous ways. Seventeen various size pyramids were constructed in 2001 and eight of them were built in Russia and Ukraine. By 2010, more than 50 pyramids were built worldwide. Over the course of many years, scientists conducted different experiments to test the energy healing effects within these Russian built pyramids. Many of these experiments found that test subjects placed inside these pyramids had increased immunity, expedited healing and medical benefit. [7].

Professors from the Ivanovskii Institute of Virology [8] studied the effect of these pyramids on molecules involved with immunity i.e.: immune globulins. The immune globulin was affected by being placed in the pyramids which would have an important potential for strengthening the body's immune system against viruses.

To be able to strengthen the bodies' immune system against diseases would be a big step

towards preventative medicine. This would not only allow the average person to be healthier, but especially individuals fighting certain diseases and illness can strengthen their immune system to help get faster and more efficiently.

The healing effects of the Russian built pyramids suggest that certain pyramids can boost vitality, and energy of living organisms. Pyramids are now being used very effectively for balancing the centers of energy in human body [9].

Schul and Pettit [10] postulate that the pyramid energy field tends to produce healthier functioning of cells, tissues, and organs. They point out that since the pyramid shape offers a heightened energy field, while a cube inhibits energy, it does not serve us to live in cube-shaped homes. A pyramid aids meditation because it focuses harmonious energy while deflecting distracting energies.

A Canadian hospital [11] tried using a pyramid in their burn ward. The results were that after being under the pyramid for a few minutes, the patients pain started to reduce. They also found that burn areas healed much faster.

In a research [12] indicating the effect of pyramid shape on cancer growth in mice, it was concluded that the radiation energy of pyramidal shapes might improve certain biochemical and physiological indices leading to tumor growth retardation.

From the previous researches we can indicate how the pyramidal form must be taken in consideration as an influencing parameter in the design process of hospitals to aid in healing.

Applied Methodology

The methodology applied in conducting this investigation, chart (1), depends on collecting all the data concerning the energetic effect of pyramids and their correct orientation to produce the maximum energetic power. A study of designs depending on pyramid form will be herein introduced focusing on patient wards as patients spend most of their stay for healing in them.

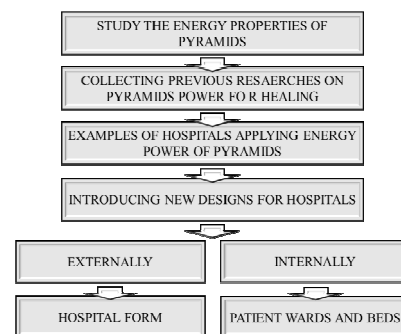


Chart 1- Applied Methodology [12]

The designs will be dealt with hospitals externally and internally on three different scales as follows:

- **First:** Design for a pyramid form of the whole hospital where the patient wards are a part.
- **Second:** Design for a pyramid form of patient rooms.
- **Third:** Design of an outline (edges) of a pyramid form around patient beds.

The Energy Effect of Pyramids

The shape of pyramid is like the carbon atom which is one of the base structures of creation. The pyramid shape behaves like the antenna which attracts, accumulates, and accelerates energy particles from its energy environment [8].

In order to have the same effect like pyramids, we refer to the perfect pyramid. This is the one that is built with the appropriate proportions and materials and implemented in correct orientation to produce the pyramid effect, refer to chart (2).

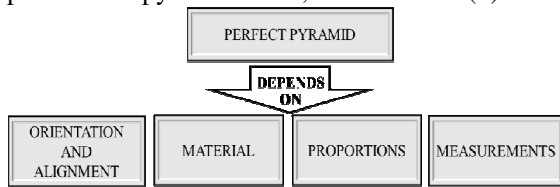


Chart 2- Factors involved in the design of a perfect pyramid for better energy effect [8]

Three main points must be taken in consideration when using the pyramid form. These points are as follows:

Table 1- Examples of buildings with pyramid form [4]

Holistic Pyramid Healing Center		Healing Pyramids of Russia	
	<p>It uses Pyramid Shapes so that the building itself encouraged the healing process. It is based on Golden Pyramid, that not only attracts healing energies but also will be in tune with nature and helps the environment and planet (15).</p>		<p>Russian pyramids were based on the golden section with a slope more than that of the great pyramid of Giza. they were made of fiber glass with no metal in them and they were hollow (8).</p>
Pyre Healing Garden		Pari Nirvana Pyramid Meditation Center, New Delhi	
	<p>It consists of 3 pyramids where people could stay and meditate. It is built according to the belief that when one meditates under a pyramid built at a specific angle of 51 degrees the energy concentrates at the apex of the pyramid and the benefits of such meditation are manifold (13)</p>		<p>It is considered the largest meditation pyramid in the world and is modeled after the pyramids at Giza (14).</p>

Having a small pyramid in the room where patients sleep can have positive effects. Experiments have shown that people sleeping with

1- The upright angle of the large pyramid at Giza is 52° but an angle of 58.55° is more calming and is good for healing since the position of our planet in relation to the galaxy has changed [13].

2- Pyramids erected of metallic materials must be exactly aligned to magnetic north while pyramids constructed of non-conductive materials like the great stone pyramids must be exactly aligned to true north [4].

3- The energies within the pyramid seem to be most effective at about one third of the height within a pyramid [13]. This is where the chamber of the king lies. See Figure (2)

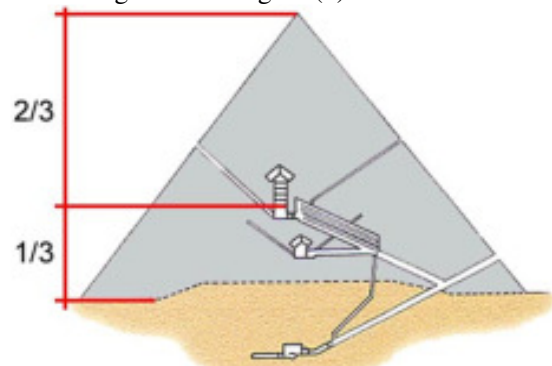


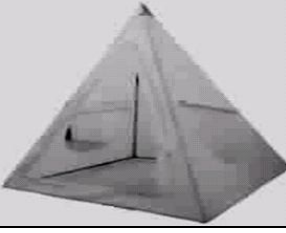

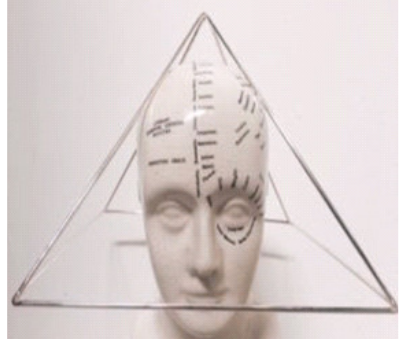
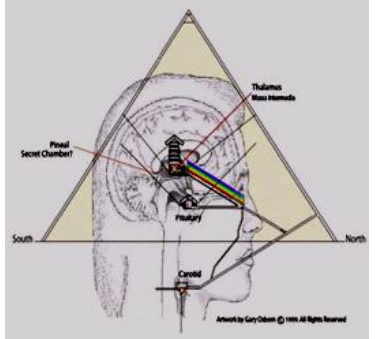
Fig 2- Section showing the place of the chamber of the king in Giza pyramids [4]

Examples of healing with pyramid form

Some examples of healing pyramids will be herein introduced whether holistic buildings or pyramids in the form of tents, over beds or over the patient himself, table (1), (2) [4].

a pyramid over their heads need fewer hours sleep and that they awake considerably more refreshed [10].

Table 2- Pyramids in the form of tents, over beds and over patient head [4]

Pyramids for meditation in the form of tents		Pyramids over beds	
	This type of pyramid is portable and can be used indoors and outdoors. It can be assembled easily making this type of meditation pyramid a powerful personal tool to aid in achieving meditation and accelerating healing (15).		Having a small pyramid in the room where we sleep can have positive effects. Sleeping under a large pyramid has several benefits. First less sleep is needed. Also because micro-organisms are repelled or neutralized by pyramid/orgone energy we will be sick less often. (6).
Pyramids over heads			
		<p>When Pyramids worn as a hat, they have a strong ionization effect within the body as negative ions enhance the oxygen intake of the human body and through that, strengthen, concentration and capacity of the human being activates (2).</p> <p>Wearing a pyramid has a powerful impact on every aspect of a person, from lowering blood pressure, to strengthening the immune system (2).</p>	

Proposed hospitals designs

Two proposed hospital designs for patient wards will be herein introduced. They embody the main principles of pyramid ology. The first design consists of a big pyramid covering the whole patient ward while the second is based on separate patient rooms each of which represents unique pyramid form. Both designs have an angle of 58.55° and orientation as represented in figures (3) and (4).

Regarding the first design, figure (3), the ground floor which occupies 1/3 of the pyramid height from the base is designed to contain the essential hospital services. This zone is not an effective energy one which is suitable for services. On the other hand in the middle at 1/3 of the pyramid height from the base, the most effective energy zone, an internal healing space is placed. It functions as relaxation space for patients to promote recovery and it is well ventilated from the top. The intensive care unit is placed at the apex of the pyramid.

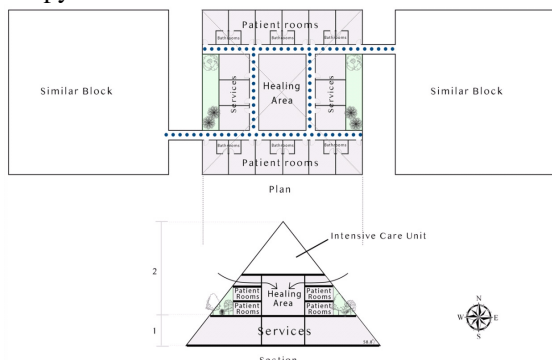


Fig 3 - A plan and section of a patient ward [4]

The second proposed design, figure (4,5,6), depends on treating each patient room separately by placing a pyramid above each room. Rooms are located at a distance of 1/3 from the base of the pyramid whereas services are found below occupying 1/3 of the pyramid height from the base. In the middle a big pyramid is placed with the same orientation of the other small pyramids where the intensive care unit is located.

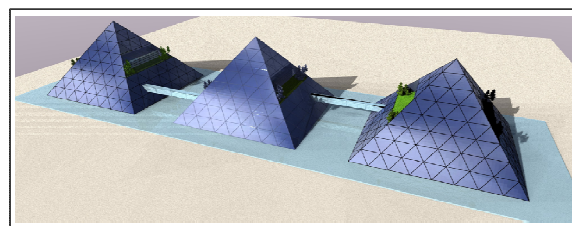


Fig 4- Shot showing the use of pyramids over patient wards [4]

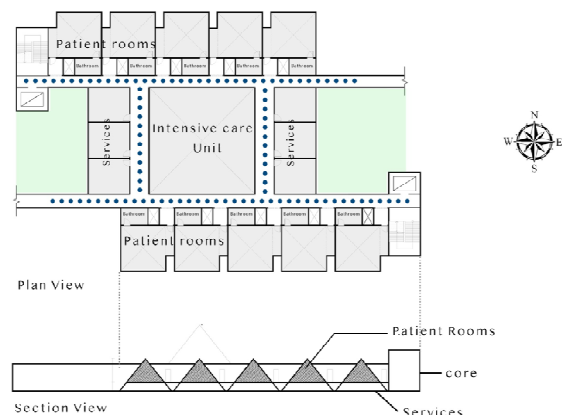


Fig 5- A plan and section of a patient ward [4]

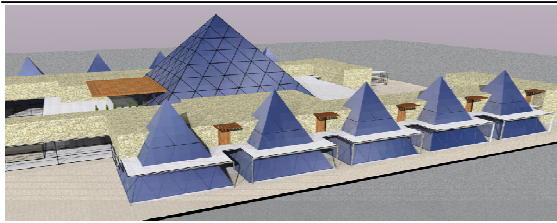


Fig. 6- Shot showing pyramids over patient rooms [4]

Proposed Modifications for Existing Hospitals

Modifications are based on building a healing space either within the free space between



Fig. 7- Existing hospital lay out and the proposed modifications using pyramids on the roof and in the outdoor area, [Sorce By researcher]



Designed Hospital



Proposed Pyramids on the Roof of the Hospital

Fig. 8 - Designed hospital and the proposed modifications using pyramids on the roof, [Sorce By researcher]

Conclusion

The effect of the form of hospitals on the healing process has proven to be increasingly relevant for patients. It is of a great importance to put the form of hospitals as one of the crucial dimensions during design. Even existing hospitals can be improved by adding pyramidal forms in adequate spaces with the right orientation. The presented hospital designs or even the

buildings of the hospital or on the roof of the hospital. The first case is an existing hospital. Pyramid forms with the appropriate orientation, to maximize the energy effect, can be added as in figure (7). They can be used as open spaces for relaxation daily for a period of time to promote healing.

The second case is a designed hospital. Pyramid forms can be applied on the roof as in figure (8).

modifications in existing hospitals ensure that architects can easily consider pyramid ology concepts in their designs.

Recommendations

Many factors must be incorporated in the process of hospital design in order to achieve a healing environment for patients. It is essential to consider the pyramid form during design but it is

not the only influencing factor. Other factors as natural ventilation and natural lighting are important to ensure a healthy indoor environment. Moreover the ambient factors around the patient as color, texture, music and nature must be considered. A holistic approach regarding all the

previous factors is recommended to achieve a totally healing environment.

Acknowledgment

Authors would like to acknowledge arch. Aya El-Meligy for her efforts and contributions in Drawing and Presentation.

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