

# The Biofilm Buster Action Plan

March 1st, 2022

## How this Slimy, Toxic Film Growing in my Body Unlocked the Secret to my 15-Year Chronic Health Nightmare

The FREE 3-step Biofilm Protocol for Fatigue, Body Aches, Brain Fog and Downright Helplessness



**This is a bacterial biofilm**

It took years of research & trial-and-error to realize just how important biofilm was in finally ending my health troubles.

I suffered for years with **constant achy muscles & joints, poor digestion, low energy and brain-fog.**

**It was only when I began learning about something called biofilm and the role it plays in several long-term health conditions that everything began to dramatically shift for me.**

The research I'm about to share will connect almost a dozen common health conditions to this biofilm substance.

I'll spare you the story of my long, 15-year journey, as I'm sure you may already understand how horrible it can be.

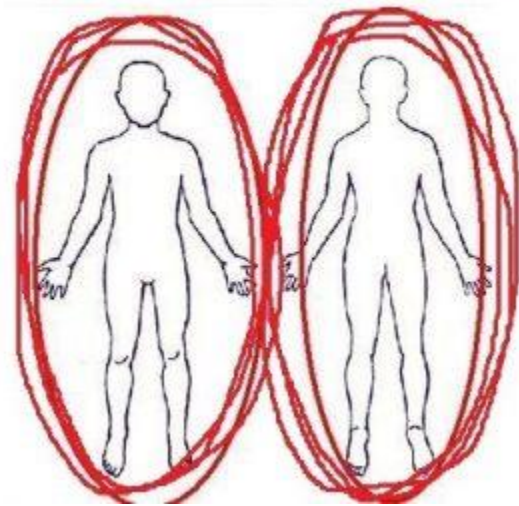
But suffice to say, I felt alone.

And the medical professionals, whom I'd put so much faith in, could never really understand the kind of life I was living on the inside. Nor did it seem like they really cared.

**Lesson #1: Almost all "healthy" people you meet take their health for granted – and it's *almost impossible* for them to understand just what you're going through – until they've been there themselves.**

## Does this look familiar to you?

**Circle where it hurts**



I was such a mess. Although I didn't admit it, I was hiding from the world.

This isn't who I was. Nobody was seeing the REAL me. I felt like a shell of my former self, buried under foggy layers of fatigue, misery, and just downright helplessness.

***"Is this just my life now?"*** became a recurring question. It was also one of my deepest fears.

## Give up or Fight...

It was around that time, I realized I was on my own.

I was the one who had to live with myself every day. Not my doctors. And I was the one who had to figure this thing out.

I had to make a decision. Either decide my life was basically over and give up, or ***fight for my darn life***. Fight for answers I knew must be out there. Somewhere.

And I am almost certain I would still be sick today if it wasn't for a medical study I stumbled upon.

This study would reveal **the one thing that 100% of the people who also have my symptoms, have.** (*I will reveal this study in a moment!*)

I then did something drastic. I quit my job. I moved back in with my parents and I dedicated my life searching for answers. I poured over countless medical research papers.

## **My First Big Discovery...**

When I would find something that showed compelling results in a study, I was determined to give it a try.

Besides, I really had nothing to lose.

I became so good at researching these studies, I became what is known as a meta-researcher. Which just means, I would do deep research behind the research, then compile all similar studies.

And this took me through years of trial-and-error. If you've ever experienced brain-fog, then you know that doing any kind of serious research for long enough can be a job in itself.

But it wasn't until many years later when I made **my first big discovery.**

Remember I mentioned that 100% of the people who had my symptoms, also had this? Well, it was only when I came across a research paper from Cedars-Sinai Medical Center in Los Angeles which showed a **link between fibro and SIBO (small intestinal bacterial overgrowth).**

This study revealed **100% of the people who had fibromyalgia also had SIBO.**

*[1] A link between irritable bowel syndrome and fibromyalgia M Pimentel, D Wallace, D Hallegua, E Chow, Y Kong, S Park, 2004*

*This research paper had me immediately sitting up in my chair. And it sent me on the quest that would eventually uproot the cause of 90% of my symptoms, and allowed me to experience what true vitality felt like for the first time in my life.*

## **“They Work Together As One Organism...”**

And what I soon discovered next about these little bugs totally blew me away.

If you’ve been dealing with long-term health issues, then **what I’m about to reveal is going to be an immensely important concept to grasp.**

**Doing so will require a huge shift in your perspective.** So please bear this in mind as I explain.

There is an epic battle for survival happening in our bodies each day, which scientists are only now beginning to scratch the surface on.

Did you know humans are actually made up of more bacteria cells than human cells? Did you also know that **these *stealthy invaders* are literally talking to each other**, as one organism, in order to manipulate our bodily functions? *[2] Is eating behavior manipulated by the G.I. microbiota? Alcock J, 2014*

Like trick our immune cells? Or trigger tender point signals? They can even manifest sugar cravings!

I realized if these tiny organisms were causing my suffering, I needed to find out how to get rid of them ASAP.

That's when I discovered something even more disturbing.

A new topic which was getting more and more attention. One that seemed to make even scientists uneasy – requiring a huge paradigm shift in how they viewed these microscopic bugs.

It's something called **biofilm**.

Some people know biofilm as the plaque that forms on your teeth and is actually the main reason we get dental cavities. But **biofilms are creating problems in many other areas within our bodies as well.** [3] Bacterial biofilm and associated infections. J Chin Med Assoc. 2018 Jan

## What is Biofilm?

Biofilm is a toxic, slimy film that these bugs secrete. They use it to live and build colonies inside our bodies. It's now understood to be *the key reason why so many long-term health conditions persist* and why antibiotics aren't as effective as they once were.

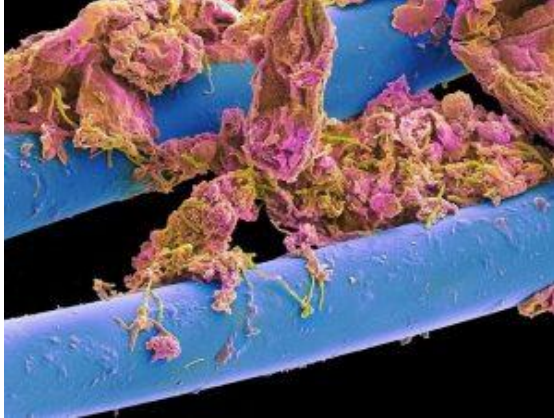
*And it's because these biofilms are nearly impossible to penetrate.*

It's also been documented that bacteria protected within biofilms are up to 1,000 times more resistant to antibiotics than if they were free-floating.

[4] Bacterial Biofilms in Nature, J. William Costerton, 1987

Only now are researchers beginning to get a handle on just how these biofilms operate.

It wasn't very long ago scientists believed these bugs were free-floating throughout our body. Now, they've discovered that about 95% of bacteria and other harmful bugs, (yeast, fungus, and parasites), are not free-floating, but are instead thriving in the body, protected within these biofilm communities.



**Here's how biofilms operate:** They secrete a gluey plaque that permanently attaches along your insides. This plaque then turns cement-like, creating a solid, permanent foundation for new colonies to anchor and build upon. <sup>[5]</sup> *Sticky situations: key components that control bacterial surface attachment*

*key components that control bacterial surface attachment*

The plaque can get lodged within so many vital systems and organs. It also **blocks vital nutrients, blood-flow and oxygen to your muscles.** This certainly explained why more burning and tenderness had been popping up in my body.

This research showed that biofilm colonies can grow almost anywhere within the body. Your G.I. tract, sinuses, bladder & urinary tract, lungs, arteries, mouth & eyes, and even your skin. <sup>[6]</sup> *Biofilms the Hypertextbook Alfred B. Cunningham, John E. Lennox, 2001*

*Cunningham, John E. Lennox, 2001*

## The Biggest Problem with Biofilms

*An interesting study from 2016 discovered that when these biofilms mature, they secrete **bio-toxins**. Some of which are designed specifically to turn off our immune cells.* <sup>[7]</sup> *Bacterial Exotoxins: How Bacteria Fight the Immune System. Inka Sastalla, Denise M. Monack, 2016*

*Monack, 2016*

The harmfulness of these bio-toxins definitely had me worried. But what's even more alarming is that they're **playing a key role several conditions where the immune system is attacking the body.** <sup>[8]</sup> *A Novel Hypothesis Integrating Spirochetes, Biofilm, and the Immune System Herbert B. Allen\*, Diego Morales, 2016*

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*The study found that since our immune cells can't penetrate the biofilm layer and kill these invaders, our cells will end up destroying surrounding neurons and muscle tissue instead, leading to severe and rapid devastation.*

It's like our army of immune cells are ready and lined up to fight, but they're never able to penetrate enemy walls – so they end up fighting what's left - your body.

I was shocked to read these studies, even a little grossed out, and this is only a tiny fraction of what science has currently uncovered on biofilms.

In these past few years alone, over 320 different studies have surfaced, all linking biofilms with over a dozen long standing conditions. *What is happening?*

## **A Critical Mass is Reached...**

There are more than just flare-ups working against us. As biofilm populations increase over time, more bio-waste is produced from the life cycles of these bugs.

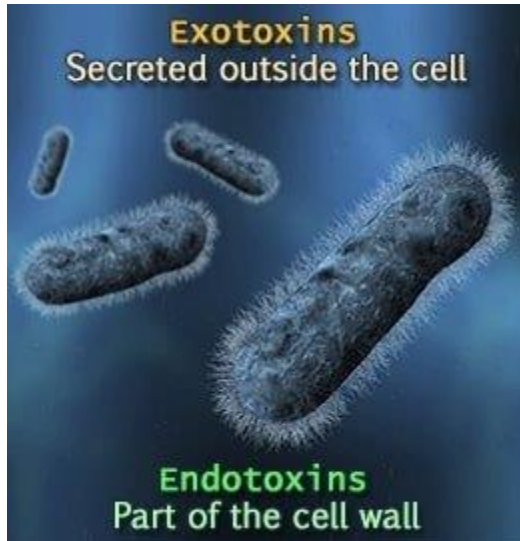
All the living, defecating and dying of these microorganisms creates a constant influx of waste within the body, slowly reaching a critical mass.

The secretions of these bugs are now being studied.

Already, a handful of neurological toxins, called "endo" & "exotoxins", have been identified, and are believed to play a major role in muscle & joint irritation, lethargy, gas/bloating and even mood imbalances. <sup>[9]</sup> *Bacterial Exotoxins:*

*How Bacteria Fight the Immune System. Inka Sastalla, Denise M. Monack, 2016*

# What are these toxins?



**Exotoxins** are found to make up the biofilm layers.

**Endotoxins** are what the bugs secrete to break down passing nutrients as well as biological matter (human tissue) for food.

The body is being drip-fed an ongoing supply of these toxins. Once the immune system sees these “foreign invaders,” it mounts an all-out attack.

Only the problem is, this attack is never ending.

And so the immune system begins waging war in all directions, further provoking neurological symptoms in the body. <sup>[10]</sup> *Regulation of microglial response by sodium butyrate. Huuskonen J1, Suuronen T, 2004*

The body simply becomes overburdened with this war going on. And all of your precious resources get depleted just to keep up.

This line of research got me very excited. Could biofilms be the root of my issues?

*The research was compelling: that an overgrowth of biofilm could be polluting my body, and basically short-circuiting my immune system.*

# How I finally found my solution

I was very intrigued. But ultimately, I just needed to find a way to beat this war that was happening in my body. Because it was obvious. They were winning.

These sticky biofilms, which had constructed barricades around my body and all around my organs, were literally draining the life force from me, causing more and more symptoms each day.

I finally came across something natural showing promise at breaking down biofilms. In fact, our body naturally produces them for almost every biochemical process it goes through.

These are **enzymes**.

*Every day we require several hundred different enzymes for just about every chemical action the body performs.*

But the problem is, **dissolving biofilms is a huge job**, and many people simply don't produce enough of these specific enzymes to keep biofilms in check. And with America's sugar-based diet and obsession with antibiotics, this problem gets magnified.

These all-natural enzymes can work quickly to break down layers of biofilm to finally expose these harmful bugs.

I started experimenting. I learned of a certain combination of enzymes showing the most promise at breaking down biofilm in the body. I decided to try them on myself.

[11] Biofilm-degrading enzymes from *Lysobacter gummosus*. Anke Gökçen, 1 Andreas Vilcinskas, 2014

In fact, these exact enzymes have also long been used for their anti-aging and blood cleansing properties for centuries.

# My First Biofilm Protocol

I really had nothing to lose at this point. So I organized my research on enzymes, and soon began my very first biofilm protocol.

I quickly realized these enzymes were hard at work, breaking down many years' worth of biofilm barriers within my gut, sinuses and my other organs.

I knew because **I could actually see this slimy biofilm leaving my body out my nose and stool.** Yes, it is gross, but if you've been this sick for long

enough, it's kind of exciting to see something like this happening.

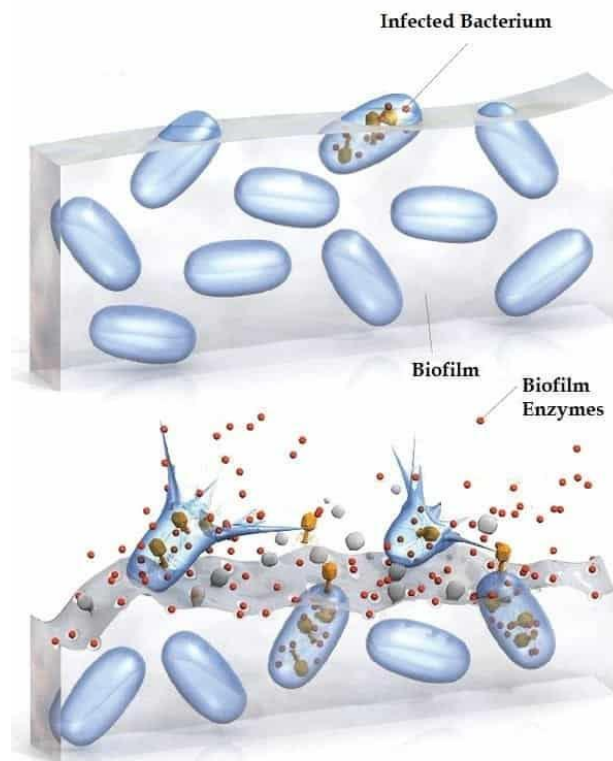
One of the first things I experienced was my sinuses slowly began clearing. Much later, I learned a sinus infection is actually a biofilm issue.

In these first couple weeks, I noticed I wasn't as tired or drained. I had more stamina, and the neck and muscle soreness wasn't as constant.

It wasn't until later, that I refined my approach. I began avoiding certain trigger foods and introducing specialized probiotics to my daily

regimen.

this meal regimen was to help kill off any resilient bugs; the specialized probiotics helped restore my gut microbiome with friendly colonies.



## **With each passing week, I was getting stronger and stronger**

I was waking up feeling refreshed from a deep night's rest and my body felt lighter. A sense of calm came over me, like a giant engine within me had finally shut off.

**Lesson #2: The strange thing about being chronically sick is you often don't realize how sick you actually were until you begin feeling better.**

**By day 44 I was feeling totally different.** It's hard to explain, but my body felt clear. I felt no more aches – nor heaviness.

It felt like I stepped into a new body. One that was 25 years younger\*.  
*(\*results may vary)*

Looking back now, it makes perfect sense.

Because, if our bodies are made up of more microbe cells than human cells, then shouldn't more focus be on the microbiome and making sure it's in balance?

Modern research is starting to recognize this as well and it is exactly why so much focus in the past few years has been centered on the microbiome.

I had to share this discovery with others. I knew it would benefit so many who, like me, were trying to escape this living nightmare.

For the last 5 years, I, along with a few other former patients, have been perfecting and refining this program, which has already helped so many get their life back on track.

## **Here's How it Works:**

Essentially, there are 3 steps:

1. **Dissolve** the biofilm
2. **Remove** the pathogenic colonies and toxic buildup
3. **Restore** the gut microbiome with friendly probiotics

I found it must be done in this order or else you'll be perpetually stuck just trying to get past step 1.

## The 3 Step Biofilm Protocol:

I want to take you through, step-by-step, how to do it:

### **Step 1: Dissolve**

**Dissolving** biofilm is a huge job. The process requires massive quantities of enzymes on a constant basis. It's important to keep the pressure on the colonies. For best results, it's ideal to keep a consistent supply of enzymes circulating in your bloodstream.

For this, you will need to take them systemically, which means taking the enzymes on an empty stomach, at least an hour from food. Otherwise, they will just end up dissolving your food instead of searching for biofilms.

Now, your body has what it needs to fight for you.

**This is the most critical thing about enzyme supplements.**

**They *must* be loaded with protease.** So if they don't contain a minimum of 150,000 HUT of protease, they probably aren't going to do the job. I made sure to use a minimum of 200,000 HUT, just to ensure they could do even the toughest job. Once taken, these enzymes go to work, dislodging, breaking up and eliminating the colonies. Marching them out of your body, the same way they came in.

Biofilms are made up of proteins, fats and sugars. So, you'll want most of your enzymes to specialize in breaking down these 3 elements. Let's have a look at exactly what is required for Step 1:



## Protease Enzymes

**Dissolves pathogenic biofilms & fibrin.  
Cleanses the blood of debris & kills  
invading bacteria.**

Often referred to as the “miracle enzyme” or “super enzyme,” Serrapeptase and Protease S are the true workhorses of the biofilm disrupting component of Restore 3. Biofilm is mostly made up of protein and sugars. In order to breakdown the tough wall of biofilm, it requires a lot of protein digesting enzymes and Serrapeptase & Protease S are 2 of the most powerful... enzymes currently used [12]. Any biofilm disrupting supplement should have a minimum of 150,000 HUT (Hemoglobin unit on a Tyrosine basis) of activity. We made sure to provide a minimum of 200,000 HUT for our formula.

## Cellulase & Hemicellulase

**Breaks down the polysaccharide structures  
biofilm walls. Converts sugars to energy.**

No biofilm dissolving formula is complete without the use of cellulase and hemicellulase to break down the polysaccharide element of the biofilm. Polysaccharides are complex sugars that bind with protein molecules...



which actually make up most of the biofilm structure. A good biofilm formula should have these sugar dissolving compounds, as they are helpful for a more complete recovery.



## **Glucoamylase & Amylase**

**Breaks down biofilm walls & absorbs nutrients which create energy for the body.**

Present in saliva, and also secreted by the pancreas, the enzymes serve 2 purposes in Restore 3: To break down the biofilm barrier by removing the free glucose molecules from biofilm walls... allowing their structures to further break down. And, to convert these glucose molecules into immediate, usable energy for the body. Studies [13] have shown glucoamylase may be useful in relieving gas, bloating, heartburn and loss of appetite [14].

## **Lipase**

**Supports the breakdown of leftover fats in the intestines, arteries and bloodstream.**

Lipase is an enzyme the body uses to break down fats in food so they can be absorbed in the intestines. Lipase is produced in the pancreas, mouth, and stomach. Lipase isn't a proteolytic (protein digesting), however it compliments the action that the proteolytic enzymes have by working on leftover fats and carbohydrates both in the intestinal tract and the bloodstream — cleaning up what proteolytics cannot touch.



## Step 2: Remove

The **Remove** step starts almost at the same time as the Dissolve step. Because after you've successfully opened the biofilm layer, your own immune cells can now kill the bugs hiding out beneath.

**It's very wise to use something in this step that will bind with all the toxins being released.** This way, they won't be reabsorbed by your body. My favorite binding agent is **EDTA**, because of its success in clinical settings for decades to **bind with and remove bio-toxins, heavy metals, and plaque buildup.**



### EDTA

**Has a unique ability to bind with biotoxins, heavy metals and biofilms. Safe and effective.**

EDTA has been used effectively for several decades in clinical settings to collect and remove toxins from the body.

For those on an accelerated protocol, this is also the step where using natural anti-fungals and antibiotics, like olive leaf extract, oregano oil, or grapefruit seed extract can be exponentially helpful to fight any stubborn colonies.

**A big tip in this step is to *keep your detox channels flowing and clear.*** Sometimes, there can be a lot of biofilm and dying or dead microbes leaving the body, and you'll want to be sure you don't clog up your system or have any of that stuff get reabsorbed.

**Quick tips here:** Keep the colon flushed. Be sure you're having at least one bowel movement per day. Hydrate with lots of water, fiber, and moving of your lymph fluid to make this step as comfortable and effective as possible.

## **Here are my top 3 tools I used in the Remove step** (I still use these today):



### **Mini-trampoline** – Best tool for moving your lymph fluid (a.k.a. the body's sewage system)

When you're moving out biofilm colonies, you'll be stirring up toxins that have been lodged in the body, often for many years. It's important to make sure these toxins leave your body and don't get stuck in your cells. Exercising on the mini-trampoline is a very effective way to properly move your lymph system within the body, collecting this waste for safe removal.

### **Toilet Stool** – Great for detoxification and keeping regular

Something else I use daily is a toilet stool. Not only does it help with making the process a lot easier and less strained, but it's actually designed so that you can achieve a full elimination every time you go, ensuring that you aren't reabsorbing toxins as you are moving them out.



**Skin brush** – Dry skin brush before showers supports your largest detox organ – your skin. A powerful detox tool, dry skin brushing will stimulate the lymph system, remove old skin

cells and can help increase circulation.

## Step 3: Restore

Step 3 is the last and my favorite step. Your goal for this step is to restore the gut microbiome using friendly bacteria and the building blocks your body requires, in order to stabilize towards long-term health.

**The basic idea here is to recolonize your gut with a large amount of specific probiotics and nutrients.** The best kind we've ever found are spore probiotics (soil-based), which have shown to be ideal for those with long-term conditions since these probiotics do not produce histamine, unlike the majority of probiotics out there. Second, they are able to survive even the harshest stomach acids in order to reach your large intestine (where they need to be) with over 90% survivability.

**Most probiotics are so sensitive, they usually won't even survive the journey to your doorstep, without losing the majority of their numbers.**

And studies show most will die once they come into contact with your stomach acid...

Bacillus coagulans is one of the most powerful probiotics out there. This strain is specifically designed for crowding out harmful yeast and bacteria from your gut. B. coagulans has been recognized by the FDA as GRAS and means Generally Regarded As Safe, which is about as good as it gets with supplement ingredients.



### **Bacillus Coagulans (Probiotic)**

**Spore probiotic that promotes a healthy intestinal environment, supporting immunity, digesting and crowding out pathogenic microbes**

Much research has been done on Bacillus coagulans in the past 10 years and several recent studies in particular have indicated B. coagulans to be a powerful catalyst in significantly relieving abdominal pain and bloating in people with gut issues and

related conditions [15],[16]. *B. coagulans* is one of the few probiotics that doesn't require refrigeration and is able to survive the exposure to the acid and bile it encounters in the GI tract while having the unique ability to rapidly colonize once it reaches the intestinal tract. Most probiotic supplements do not go on to colonize the GI tract.

## **Bacillus Subtilis (Probiotic)**

**Suppresses the growth of harmful pathogens, strengthens immunity & enhances the growth of other beneficial probiotic strains.**



*Bacillus Subtilis* has long been an important part of the traditional Japanese fermented food, Natto, and the consumption of this has been linked to several health benefits. Just like *B. coagulans*, it is an extremely hearty, spore forming probiotic that requires no refrigeration and studies show it's ability to target and colonize... and crowd out <sup>[17]</sup> pathogenic bacteria in the gut, produce protease and amylase enzymes and stimulate the growth of various lactobacillus species of beneficial probiotics. *B. subtilis* has also been used as an anti-bacterial and anti-fungal agent in industrial and medical applications <sup>[18]</sup> and at one point was widely used as a broad spectrum antibiotic, which was lost after less costly methods of producing antibiotics were discovered.

## **Do You See the Challenge with Biofilms?**

This is leading-edge science only now getting recognized. So it's not your fault you haven't heard of this. How could you have?

**Do you see why so many doctors still aren't even aware of biofilm?**

I am confident the majority of doctors in the U.S. still don't understand what a biofilm is, nor how far reaching the damages go.

All my doctor would ever do for me was write me a prescription to numb me.

But I didn't want to be *numbed*, I wanted to pull out the root of my symptoms **and just get on with my life!**

It's been over 7 years since I finished that first protocol and everything has changed for me. There is now a deep well of vitality that is always in me now. My dominant feeling used to be hopelessness. Now it's gratitude – for what my life is like now.

I have since repeated protocol five more times. I have refined and perfected the protocol based on my and others experiences. And with each new round, I notice deeper and deeper layers of biofilms dissolving, bringing my body to fuller and more lucid states of wellness and vitality\*.

*(\*results may vary)*

**Lesson #3: Your body *wants* to repair itself. That's its job. But it needs the right environment for that job.**

And your job is to give your body the right environment to achieve that. That is what the 3 steps are all about.

My main purpose in life became clear. I wanted to awaken this same vigor and vitality in others. And empower them with the plan to do it.

I had to go through so many pitfalls to get here. But I have since coached hundreds of people through it, who just like me, were struggling to find something that actually worked.

**We've learned what works and what doesn't work.** And we know how to speed up the process so you can see much quicker results\*, while avoiding the traps so many get stuck in.

*(\*results may vary)*

Over time, myself along with a small group of patients, distilled all of what we had learned into what's widely known as the **Restore 3 Program.**

It is a demonstrable, step by step method that quickly clears out the biofilms that are sabotaging the body's recovery. **It addresses the root causes of symptoms.** And finally, restores your gut microbiome with the vital nutrients and probiotics it needs to repair itself for good.

But don't just take our word for it. Here's what Gail Powers, who is one of our earliest success stories, wrote in to say about Restore 3:



*Gail Powers, NY.*

**“I wake up refreshed and alive...”**

“I can't begin to explain the type of life that I was living before finding Restore 3. Some days I would wake up and just stay in bed for 2 hours. I would keep my coffee maker next to my bed, just to give myself a boost out of bed. Once Restore 3 got to work in my body, the changes were dramatic. I could now practically spring out of bed easily and without all those aches and symptoms. It was unbelievable. A welcomed, strange feeling to feel so good after so many years of feeling so bad. I could actually sleep deeply and wake up refreshed now, every day. Thank god I did this. It was like I was living my life walking around wearing lead clothing that just finally dropped off. I feel like I've got a new life.” -Gail Powers, Albany, NY

*\*Testimonials are individual accounts. Results may vary.*

# The Restore 3 Program

## A Complete Enzyme & Probiotic Restoration Program

Discount Membership

3 Pack Discount

Single Bottle



**\$49.00 / month (Sale)**  
~~\$67.00 / month~~

60 capsules - 1 month supply  
Free Shipping - Free 67-page Guidebook

 **ADD TO CART**

★★★★★ (133 Customer Reviews)

- Retail ~~\$67.00~~
- Skip or Cancel Any time
- 60 Day Guarantee
- 3 Instant Downloads
- Access to Private Support Group

# What's Included in The Restore 3 Program:

## Report #1:

## **Instant Download of the “Restore 3 Handbook” eBook**

**FREE for a limited time only**, this guidebook, written by former long-time sufferers, guides you through an easy to follow, **3-Step Action Plan** which can help relieve your symptoms quickly†.

Inside this 67-page eBook you'll discover:

- Our **3-step action plan** we used for our success
- The **Top 5 foods you absolutely must avoid**
- How this **1 simple trick** can boost energy levels
- **How to dissolve biofilms** safely and effectively

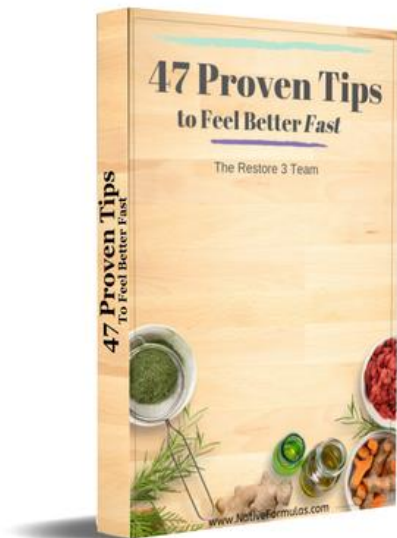
This eBook is available to members of the Restore 3 Program and **can be downloaded instantly to your computer after joining.**



## Report #2:

# Instant Download of “47 Proven Tips to Feel Better Fast” eBook

This **Special Bonus Report** titled “47 Proven Tips to Feel Better Fast” available for immediate download.



- The **1 thing** you’re likely doing **every day** to keep you in the ‘sick-loop’
- How to safely jump-start this bodily process to **give you all-day energy**
- **How to use this cheap & abundant natural mineral** to help you sleep deeply
- The most important thing we make sure to do every day to **ensure vibrant health.**

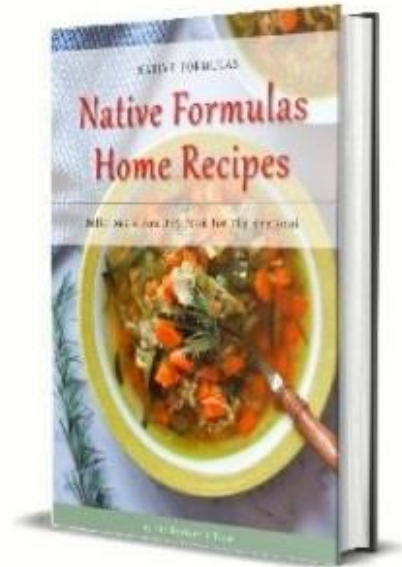
## Report #3:

# Instant Download of the “Native Formulas Home Recipes” Cookbook

Inside this cookbook you'll discover:

- How to **make your own liposomal vitamin C**
- Delicious recipes you can make **quickly & easily**
- How to **make your own probiotic kefir** for pennies
- **Tasty pancakes, banana bread, chicken tacos, crustless quiche & delicious snack ideas**

This eBook is available to members of the Restore 3 Program and **can be downloaded instantly to your computer after joining.**



Plus Exclusive Access for Customers Only to  
the Support Group:

## **The Restore 3 Customers Private Support Group**

Join our community of past and current members of the Restore 3 Program and get as much support as you need along your journey back to wellness.



## What's Inside:

- Chat with Our Current and Previous Customers
- Daily A.M. and P.M. Action Plans
- Don't Do This Alone! – Get the Support You Need 24/7
- Weekly Tips and Advice for How to Best Succeed
- Share Along With Others in Your Journey Together – From Any Device

## The Restore 3 Special Sale Price of \$49.00 Includes:

- ✓ **FREE Shipping of the Restore 3 Supplement**
- ✓ **Instant Access to the Customers Only Private Support Group**
- ✓ **Guide #1: “The Restore 3 Handbook” eBook**
- ✓ **Guide #2: “47 Proven Tips to Feel Better Fast”**
- ✓ **Guide #3: The “Native Formulas Home Recipes” Cookbook**
- ✓ **My 60-Day, No Questions Asked **Money Back Guarantee****



## How to Take Restore 3:

In only 2 capsules per day, Restore 3 starts going to work for you. Doing all the heavy lifting of breaking down the tough biofilms causing the muscle aches, lethargy and digestive issues.

Temporary side effects may include a familiar symptom or two resurfacing, once Restore 3 starts clearing and pushing out these biofilm colonies. But this is a great sign, because it means it's actually working.

Take only once in the a.m. or p.m., whichever you prefer.

It is all-natural, vegetarian and won't cause any dangerous chemical side-effects a lot of drugs cause. In fact, *there is not a drug that even does this.*

Restore 3 is truly in a class of its own. And they're delivered to your doorstep each month. Pay zero in shipping and handling.

**We've already done the trial-and-error for you.** Restore 3 was designed by former patients who wanted to target the root of the issues they were having, not just the symptoms.

Each order also comes with **The Restore 3 Handbook**. It's a step-by-step guidebook that carries you through the protocol. It covers what to eat, the traps to avoid and how to get the maximum results and start feeling better *quickly*.

## **Here's What Comes with Restore 3:**

- **The Restore 3 supplement delivered directly to your doorstep** each month to keep you on track.
- **Instant download of "The Restore 3 Handbook"** which covers, in detail, the exact steps you need to take in order to eliminate your symptoms for good.
- **Instant download of "47 Proven Tips to Feel Better Fast"** which covers all the most effective body hacks you can do to start feeling better right now.

- **My iron-clad, no-hassle 100% money back guarantee** that lets you try out this powerful formula for yourself with absolutely no risk involved for you.

## **This is NOT about taking a “magic pill” and hoping your problems will simply go away**

This is a tried & true ***roadmap*** – a guaranteed way out of the nightmare that so many of us have become prisoners to.

### **When you get started with this roadmap today – you can:**

- **Quickly dissolve fibrin buildup and other blockages in the body, so you can feel more young and flexible.**
- Enjoy a greater delivery of oxygen and nutrients into your cells for more energy and fewer muscle aches.
- **Have an army of specialized, friendly probiotics going to work for you, targeting and destroying harmful bugs.**
- Break down undigested fats, proteins and carbohydrates left sitting in your G.I. tract.
- **Speed up and unlock your body’s own self repairing mechanism.**
- Safely dissolve biofilms, exposing bad bugs and maximizing the effectiveness of antibiotics.
- **Can magnify the power of any other supplements you take – delivering them right where they need to go.**
- Why these 9 trendy “health foods” everyone is eating, are actually keeping people sick.

- **The simple fix you can do (for free) at every meal, to limit your gas or bloating symptoms.**
- How to safely stimulate this bodily gland to flood your body with this natural, “fibrin-dissolving” compound each day.
- **The 1-hour fix to help flush your body of these “biofilm-breeding” toxins – from the comfort of your own home. (pg. 28)**
- How and when to make your own probiotics for pennies on the dollar. (pg. 13)
- **What the “Herxheimer reaction” is and how to use it to your advantage to propel your health into new heights.**
- How to remove the biggest source of chlorine toxicity that almost EVERYONE is unknowingly exposing themselves to each day. (pg. 29)
- **Find out the correct way to eat to drastically reduce indigestion after meals – you’ll be surprised at how simple it is.**
- How this 2 minute adjustment (you can do on yourself at any time) can fix over 50% of your digestive issues right now. (pg. 30)
- **How this cheap product in your kitchen cabinet unlocks the secret to fully hydrating at the cellular level. (pg. 31)**

## Real reviews from real customers...



*Janelle Scott, NV.*

**“Wow...”**

“I am so impressed with this product. I just wanted to write to say thank you for helping me get my life back. I used to have unrelenting exhaustion almost daily. Anything I did would wear me out so much that I would need to lie in bed to recover. Everything in my body was stiff and achy, and on top of that I was tired but somehow not able to get a good night sleep.

Restore 3 pulled me out of that and helped bring a sense of liveliness back into my life. You have a loyal customer.” -*Janelle Scott, Nevada*

*\*Testimonials are individual accounts. Results may vary.*



*Bryant Conner, AK*

**“Really a complete supplement...”**

"I'm very impressed to find a company that actually gets it. Soil based probiotics and systemic enzymes have both been incredibly effective in my journey to recovery and I used to have to purchase and take them separately. Restore 3 is a product that understands what is at the root of so many long term health conditions that have doctors stumped and they

have delivered a fantastic program. You have a loyal customer." -*Bryant Conner, Alaska*

*\*Testimonials are individual accounts. Results may vary.*



*Sarah Bowman, FL.*

**“I was skeptical...”**

"I was hesitant to try this product after many failed attempts at natural remedies for my fatigue and body aches. It was at the constant urging of my best friend's mother who had tried Restore 3 with great results. It's been a long road, but I feel like I've finally been able to get my life back. Thank you Native Formulas." - Sarah Bowman, Florida

*\*Testimonials are individual accounts. Results may vary.*



*Carla Lieberman, CA*

### **“Just a huge difference all around...”**

“I love Restore 3. I really have found this to be a total solution for what I was dealing with for over 20 years now. I suffered with 40+ symptoms during that time all coming and going. It got to be extremely confusing for my doctors and myself as to what to do.

Headaches, digestive troubles, fatigue, brain fog, sleep issues you name it I went through it. I read

carefully the literature that comes with Restore 3 and followed the program outline which ultimately instructs you avoid not only gluten, but most grains, dairy and sugars for a period of time while you are taking the biofilm enzymes and probiotics. I followed the program to a capital T for 2 months but during my 2nd month, I noticed my brain fog and energy levels were clearing up/lifting. I'm in my 3rd month and none of my symptoms are currently present and this is the middle of winter when it always feels the worst for me. I am so happy to have found this product. -Carla Lieberman, CA.

*\*Testimonials are individual accounts. Results may vary.*



*Julie Barnes, NH*

### **“It works...”**

“For years I would experience sharp, stabbing aches, especially after eating. I would usually have it very bad in the winters for some reason, but this winter has been very minor with only a couple of flare ups compared with almost daily flare ups. I will keep taking as long as it is helping. Thank you.”

*-Julie Barnes, NH*

*\*Testimonials are individual accounts. Results may vary.*

## Our No-Risk, 100% Money-Back Guarantee

We are so sure you will get positive results you can try it for 60 days and if you are not satisfied with the program you can return it for a full refund. And you get to keep the 3 bonuses for free. It has worked for so many others now let it work for you – 100% Risk Free.



I will take away ALL risk for you right now.

Why? Simply because I know this will work.

And, if for some reason it doesn't work, or you just aren't 100% happy with Restore 3, you can have every penny back minus the return shipping.

You don't even need to decide now, I will give you 60 whole days to try it – risk free.

We don't want you to pay for something that hasn't totally transformed your life. We love witnessing healing in our customers. Really, it's why we do this. As a company, we base our success off of your well-being and increased vitality.

We always respond to every email, message and phone call we get. We're eager to serve those who have stood up – just like we did – and made the self-honoring decision to take action and finally turn their life around.

**What is the best case scenario?** You begin feeling lighter, with more vitality and energy...and drastically reduce your symptoms for good...And get back to the life you are wanting to live.

**What is the worst case scenario?** If you just aren't happy with Restore 3 or it hasn't totally transformed your life, you will get a full refund. No hassles, no questions, no problem.

And, you still get to keep the 3 eBooks that came with your order as our thank you for giving us a try.

All for just \$49.00

**[Take 20% Off the Restore 3 Program Now – Click Here](#)**

Now there is a solution.

You simply need to take action and try the Restore 3 Program. Your new life begins today.

P.S. I really want this to work for you – just like it's worked for thousands of others, yet I don't want you to pay for it, if it hasn't totally transformed your life for the better.

If you follow this simple, 3-step plan and if at any time, for any reason whatsoever, you don't feel like Restore 3 has exceeded your expectations... if you don't feel the renewed vigor and energy in your life...

if you don't experience a melting away of your constant aches and soreness...or if you don't see your brain fog lifting away revealing a clarity that you've never experienced before...

If you don't agree this is the most effective solution for you...

You get back every penny of the purchase price.

What if *this* is the thing that turned your life around? How much would it be worth to you?

For me, it would be priceless. What do you have to lose?



When you click the “Join Now” button, you’ll arrive at our secure order form. Just enter your details and the Restore 3 supplement will be delivered directly to your doorstep and you’ll be getting instant access to your “Restore 3 Handbook” eBook – which you can download to your computer or mobile device – right now – and dive right into the material on the next page. And...

You’ll also have access to the eBook “47 Proven Tips You Can Do to Feel Better Fast” which is your added bonus material showing you all the best tips we’ve found on creating vibrant, all-day energy, lifting brain fog to feel sharper, and clearing away gas & bloating.

All of this includes my 60-day money-back guarantee. That way you can get started right away, risk-free!

I sincerely thank you for taking this time to read my story. My wish is that it has offered a little hope. Or maybe provided you with a different perspective on your own situation.

But perhaps, my heart's true wish is that it has inspired you to never give up trying. Never give up walking down those different avenues, until one day, you find the one that will set you free.

I wish for you total health freedom and vitality

**[Join the Restore 3 Program Now – Click Here](#)**

P.P.S. Remember, I personally guarantee for a full 60-days, by following the 3 simple steps – You'll be feeling the difference with newfound energy and vigor, you'll be witness to your all-over-body aches vaporizing and a renewed mental sharpness and clarity will naturally emerge as a result of flushing out all the gunk that has plagued your body for way too long.

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## Supporting References:

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