

# Humorous Mathematics



News for Patriots

Operation Q Aug 6, 2020 5 min read

## Guide To Raise Your Vibrational Frequency & Consciousness

Updated: 5 days ago

### What Is Human Vibrational Frequency?

Everyone and everything has a vibrational frequency (also known as your aura, energy body, light body, life energy, soul, spirit, or essence) and your body is healthier and able to function better at a higher frequency. This means your body becomes emotionally, physically, mentally, and spiritually healthier as you raise your vibrational frequency. In doing so you will allow yourself to see things more clearly as you awaken, raise your consciousness towards enlightenment and ultimately ascend to higher densities/dimensions. Be sure not to be fooled by naysayers that this is "New Age" deception as before religion existed there was spirituality only.

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# LIFE FORCE MAP

**YOUR LIFE FORCE IS THE ESSENCE OF WHO YOU ARE. IT IS YOUR LIFE ENERGY. IT IS THE PART OF YOU THAT IS STRONG AND VIBRANT. IT IS YOUR SOUL, YOUR SPIRIT AND YOUR CONNECTION TO SOURCE, AND YOUR CONNECTION TO ALL THAT IS. AS A CREATOR BEING, YOUR LIFE FORCE IS YOUR SOURCE OF YOUR CHOICE. YOUR CHOICE IS YOUR POWER. YOU CAN CHOOSE TO MANIFEST YOUR DESIRES. YOUR CHOICE IS YOUR POWER. YOU CAN CHOOSE TO MANIFEST YOUR DESIRES. YOUR CHOICE IS YOUR POWER. YOU CAN CHOOSE TO MANIFEST YOUR DESIRES. YOUR CHOICE IS YOUR POWER.**

**GLOSSARY**

**3RD DENSITY:** THE PLANES OF PHYSICAL EXISTENCE AS THEY ARE PERCEIVED BY CONSCIOUSNESS. (EARTH, WATER, AIR, FIRE)

**4TH DENSITY:** THE PLANE OF EMOTIONAL EXISTENCE AS THEY ARE PERCEIVED BY CONSCIOUSNESS. (FEELINGS, EMOTIONS)

**5TH DENSITY:** THE PLANE OF MENTAL EXISTENCE AS THEY ARE PERCEIVED BY CONSCIOUSNESS. (THOUGHTS, IDEAS)

**6TH DENSITY:** THE PLANE OF SPIRITUAL EXISTENCE AS THEY ARE PERCEIVED BY CONSCIOUSNESS. (SPIRITUALITY, SACRED GEOMETRY)

**3RD** **4TH** **5TH** **6TH**

**CELEBRATION OF LIFE** **LOVE** **CELEBRATION OF DEATH** **FEAR**

**POSITIVELY POLARIZED** **NEGATIVELY POLARIZED**

**SERVICE TO OTHERS** **SERVICE TO SELF**

**ANGELS** **ASCENDED MASTERS** **STARSEEDS** **LIGHT WORKERS** **LIGHT GUIDES** **GALACTIC COMMANDERS** **ARCHANGELS** **CHRISTOS**

**PARADISE [DIAMOND CORE]** **ARMAGEDDON [IRON CORE]**

**WHAT IS A DENSITY?**

A DIMENSION OR DENSITY IS A STATE OF CONSCIOUSNESS AND A MEANS OF EXPERIENCING DIFFERENT PLANS OF EXISTENCE ACCORDING TO ITS VIBRATORY RATE OR FREQUENCY. EACH DENSITY HAS CERTAIN SETS OF LAWS AND PRINCIPLES THAT ARE SPECIFIC TO THE FREQUENCY OF THAT PARTICULAR DIMENSION.

THOSE WHO RESONATE WITH A PARTICULAR LEVEL OF ENERGY ASCEND TO THEIR VIBRATION AND LIGHT QUOTEES EXIST IN THAT DIMENSION. THE PLANES ARE NEITHER ABOVE NOR BELOW ONE ANOTHER, BUT INTERCONNECTED AND EXISTING IN THE SAME SPACE.

WITHIN EACH DENSITY THERE IS A WIDE SPECTRUM OF CONSCIOUSNESS. SIMILAR TO RADIO FREQUENCIES, WHERE YOU HAVE FREQUENCY BANDS, YOU ALSO HAVE BANDS OF VIBRATION. YOUR CHOICE OF THE BAND OR RATE OF VIBRATION OF YOUR CHOICE, THIS IS NOT TO IMPLY THAT ONE DENSITY IS BETTER THAN ANOTHER.

**3RD DENSITY:** THE PHYSICAL REALITY OF THE CONCRETE REALM, COMPOSED OF MATTER, ENERGY, AND INFORMATION. MATTER, WHILE THE BUILDING BLOCKS OF FORM, MUST BE FREQUENTLY REORGANIZED TO CREATE FORMS. CONSCIOUSNESS, THROUGH SELF-ORGANIZATION, MANIFESTS ITSELF AS INFORMATION AND SELF-CONSCIOUSNESS. THE PHYSICAL FORMS CREATED REFLECT ENERGY, WHICH IS BEYOND FORM, AND BEING THE MOST REAL.

**4TH DENSITY:** THE 4TH DENSITY IS THE EMOTIONAL REALM OF LOVE AND HATE. THE LANGUAGE OF LOVE IS LIGHT, FROM WHICH ALL FORMS, INCLUDING ALL FORMS OF MATTER, ARE CREATED. THE LANGUAGE OF HATE IS DARK, FROM WHICH ALL FORMS OF MATTER, INCLUDING ALL FORMS OF MATTER, ARE CREATED. THE LANGUAGE OF LOVE IS LIGHT, FROM WHICH ALL FORMS, INCLUDING ALL FORMS OF MATTER, ARE CREATED. THE LANGUAGE OF HATE IS DARK, FROM WHICH ALL FORMS OF MATTER, INCLUDING ALL FORMS OF MATTER, ARE CREATED.

### PLANETARY ARMAGEDDON PROTOCOL

**ARCHON / CHIMERA TERRAFORMING PROJECT: DARK CONQUEST**

- ESTABLISH CONTROL OF NATURAL ENERGY GRID
- INSTALL DEFENSIVE COUNTERMEASURES
- ACTIVATE ARTIFICIAL INVERSION MATRIX
- ACTIVATE GRID CONTROL SYSTEMS
- DEplete SURFACE POPULATION TO ELIMINATE RESISTANCE
- IMPLEMENT TERRITORIAL DNA MANIPULATION PROTOCOLS (DEEPEN COMMAND AND CONTROL ASSETS, CECITY PROGRAM)
- ESTABLISH 3RD-4TH DENSITY RESOURCE HARVESTING
- CONSTRUCT PRELUDE SUBTERRANEAN COMMAND CENTER

**HOLOGRAPHIC INVERSION MATRIX**

**DNA MANIPULATION**

**ARTIFICIAL ENERGY GRID**

**TEMPORAL MANIPULATION**

**ETHERIC THOUGHT SURVEILLANCE**

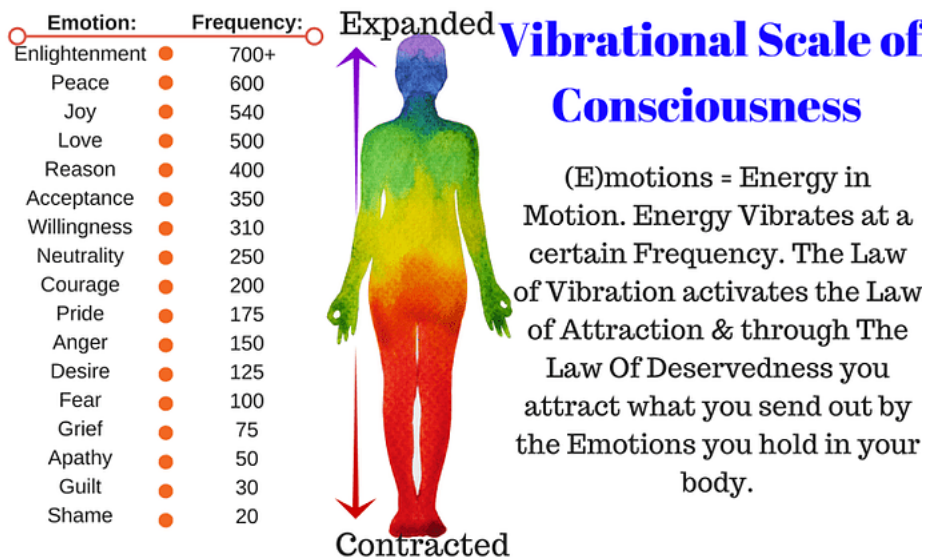
### PLANETARY PARADISE PROTOCOL

**GALACTIC FEDERATION OF LIGHT LIBERATION PROJECT: VICTORY OF THE LIGHT**

- REBUILD GAEA NATURAL ENERGY GRID
- REMOVE DEFENSIVE COUNTERMEASURES
- DEACTIVATE ARTIFICIAL INVERSION MATRIX
- DEACTIVATE GRID CONTROL SYSTEMS
- DEplete SURFACE POPULATION TO ENCOURAGE RESISTANCE
- IMPLEMENT DNA MULTI-STRAND UPGRADES
- REMOVE COMMAND AND CONTROL ASSETS (CECITY PROGRAM)
- REINSTATE 3RD-4TH DENSITY RESOURCE HARVESTING
- LIBERATE SUBTERRANEAN COMMAND CENTERS

[Click To View: Life Force Map](#)

The vibrational scale of consciousness teaches us that (e)motions = energy in motion. Energy vibrates at a certain frequency. The law of vibration activates the law of attraction and through the law of deservedness you attract what you send out by the emotions you hold in your body. The most important thing to be learnt here today is to spread love above all else.



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## What Is The Great Solar Flash & 5D New Earth Ascension?

As collective humanity as a hole practices raising their vibration day by day by acting out of love we shift ourselves into a higher vibrational state of consciousness referred to as the fifth dimension / density known as the "5D New Earth". The event described as the "Great Solar Flash" reportedly already took place between December 21-22, 2020 and eliminated lower vibrational energies, helping us move towards the 5D. The following images and many similarly related images can be found at [Greatawakeningmap.co](http://Greatawakeningmap.co).

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# GREAT SOLAR FLASH

## HIGHER VIBRATIONAL COSMIC ENERGY CAUSES PLANETARY ASCENSION INTO 5D

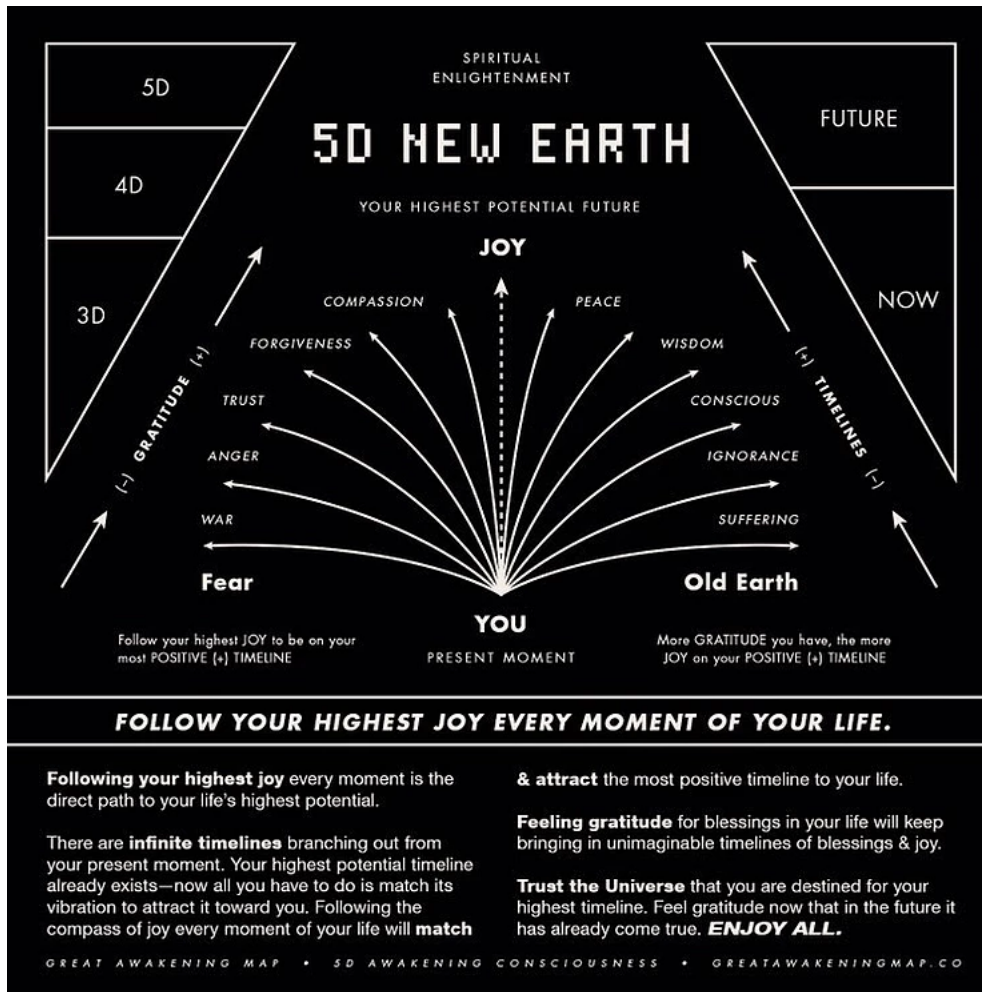
Every 25,900 years, a Great Solar Flash wipes out all lower vibrational energies and evil in our Solar System. Our Sun is expected to flash approx: 2020-2024.

No negative entities will be able to withstand the new higher energies entering the Solar System. To prepare, humanity is asked to meditate and remain in a state of peace, compassion, and forgiveness—in Service-to-Others. This will maintain our collective consciousness in a positive vibration that is harmonious for entering into 5D reality during the Great Solar Flashes.

There is little time left, the world is now waking up. Light will shine.

Research #greatsolarflash #coreygoode #secretsspaceprogram #davidwilcock  
#williamtompkins #lawofone #ascension #williamhenry  
#samvartakafire #ekpyrosis #frashokereti #yugafire

*ArtHouse*



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# GREAT SOLAR FLASH

## ASCENSION INTO 5D EARTH INCOMING TRANSFORMATIVE HIGHER VIBRATIONAL COSMIC ENERGY

SAMVARTAKA FIRE  
FRASHOKERETI  
EKPYROSIS  
YUGA FIRE

Every 25,900 years, our Solar System passes through highly energetic geometric boundaries in our galaxy which causes widespread transformational upgrades of DNA in all life. Our consciousness began quickly ascending after crossing through the Galactic Equator in 2012.

As the Solar System passes into the **Highly Energetic Cloud**, all particles are increasing in vibration and crossing over into **5D reality**. The cloud is feeding energy into our Sun and charging it up to release a series of **Great Solar Flashes** building up to a large event.

Flashes cause a shift in consciousness as our DNA fully activates. Physical and spiritual transformation occurs. All lower vibrational evil cannot continue existing in the new higher vibrational energies. Our civilization will witness **Global ET Contact** during this time. **Free Energy** will be released.

### THE GREAT AWAKENING / 5D ASCENSION



**3D** ..... **DIMENSIONAL SHIFT IN CONSCIOUSNESS** ..... **5D**

3D: Illuminati, Deep State, Cabal, Wars, False Flags, Fake News Media, Pollution, Financial Slavery, Limited Resources

5D: World Peace, Telepathy, Telekinesis, Healing, Third Eye Opening, Light Body Activation, Enlightenment, Multidimensional Travel

© 5D Awakening Consciousness GreatAwakeningMap.co #greatawakeningmap #greatsolarflash #ascension #davidwillcock #cosmicdisclosure

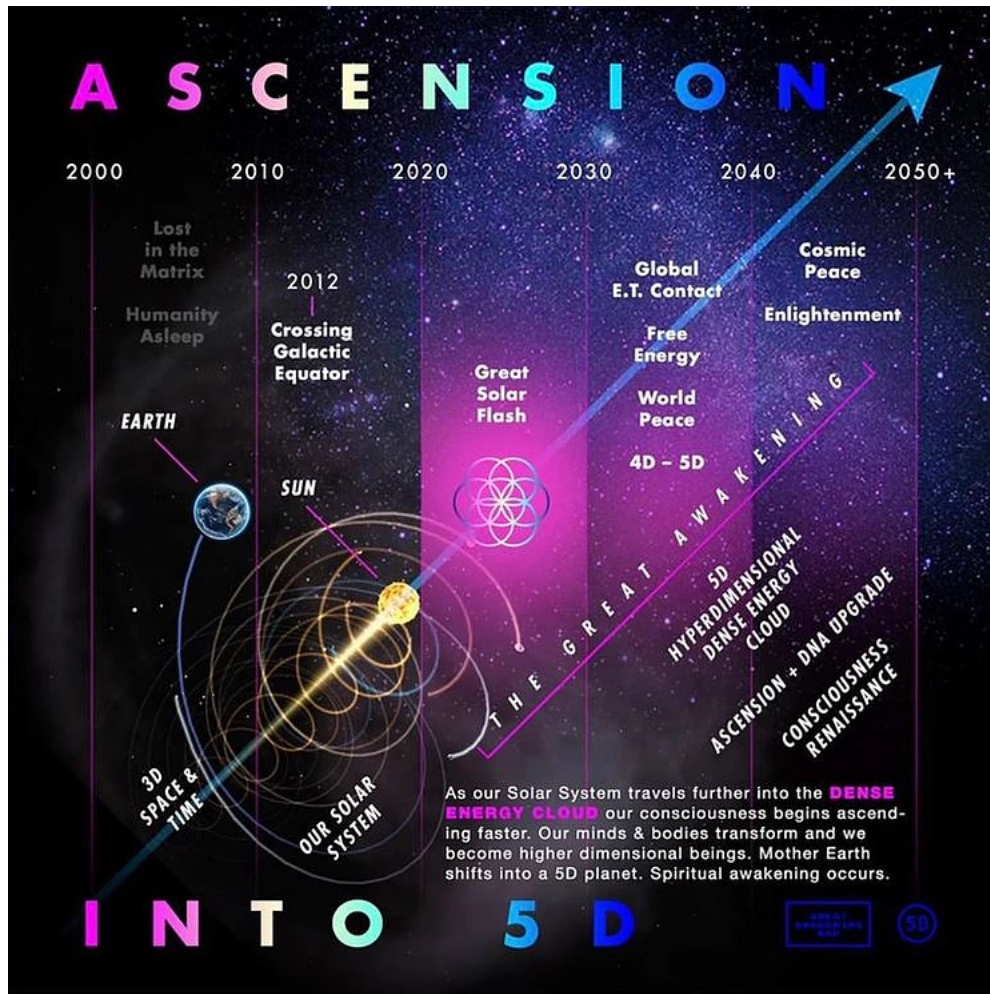
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### 9 Levels of Consciousness

THE PHYSICAL REALITY EXPERIENCE

7th Density	1	<b>Oversoul</b>	Simultaneous awareness of all the Individual Souls	Projects or splits up into many <b>Individual Souls</b>				Non-physical
6th Density	2	<b>Individual Soul</b>	Spirit "Afterlife" Realms	Projects or splits up into many <b>Physical Incarnations</b>				
5th Density	3	<b>Higher Mind</b>	Parallel Reality for each physical incarnation	Navigates through many dimensions of <b>Time</b> (Past, Present, Future), just as the physical being navigates through <b>Space</b>				
4th Density	4	<b>Template Level of Reality</b>	The "Blueprint" for the physical incarnation	The basic "pattern" for the incarnation – intended in advance by the Individual Soul			Imagination	Overlap border between physical & non-physical
Higher 3rd Density	5	<b>The Collective Unconscious</b>	Collective Automatic Mind. Unconscious Behavior.	Collective Agreements (Game Rules) about the Nature of Reality (such as Gravity & Time)	The Physical Mind	Personality (Ego Behavior)	The conduit or "Pipeline" connecting the <b>Conscious Awareness</b> (thoughts) to the <b>Higher Mind</b> .  Conscious thoughts receive "guidance" from the Higher Mind through Imagination/Intuition	Physical
	6	<b>The Individual Unconscious</b>	Individual Automatic Mind. Unconscious Behavior.	Patterns of Habits of behavior of which the individual is unaware				
Lower 3rd Density	7	<b>Beliefs</b>	Physical Mind Unconscious	Beliefs				
	8	<b>Emotions</b>	Physical Mind Subconscious	Emotions				
	9	<b>Thoughts</b>	Physical Mind Conscious Awareness	Thoughts				

CHANNELINGS OF BASHAR - EGASSANI CIVILIZATION - THEME BY ARTHOUSE #3D AWAKENING CONSCIOUSNESS

## MAP OF CONSCIOUSNESS

	God-view	Life-view	Level	Scale	Emotion	Process	
POWER	Self	Is	Enlightenment	700-1000	Ineffable	Pure Consciousness	STRONG
	All-Being	Perfect	Peace	600	Bliss	Illumination	
	One	Complete	Joy	540	Serenity	Transfiguration	
	Loving	Benign	Love	500	Reverence	Revelation	
	Wise	Meaningful	Reason	400	Understanding	Abstraction	
	Merciful	Harmonious	Acceptance	350	Forgiveness	Transcendence	
	Inspiring	Hopeful	Willingness	310	Optimism	Intention	
Enabling	Satisfactory	Neutrality	250	Trust	Release		
	Permitting	Feasible	Courage	200	Affirmation	Empowerment	
FORCE	Indifferent	Demanding	Pride	175	Scorn	Inflation	WEAK
	Vengeful	Antagonistic	Anger	150	Hate	Aggression	
	Denying	Disappointing	Desire	125	Craving	Enslavement	
	Punitive	Frightening	Fear	100	Anxiety	Withdrawal	
	Disdainful	Tragic	Grief	75	Regret	Despondency	
	Condemning	Hopeless	Apathy	50	Despair	Abdication	
	Vindictive	Evil	Guilt	30	Blame	Destruction	
	Despising	Miserable	Shame	20	Humiliation	Elimination	

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# Spiritual Ascension

7D	Soul / Higher Self	<p><b>FIFTH DENSITY EXISTENCE</b>                  Egoless; Service to others; Actions based on love;                  Unconditional love; Ongoing gratitude;                  Self-realized; Fearless; No limits; Less dense body;                  Unity-minded; Recognize Self as part of the whole;                  Manifestation easy; Goes with the flow;                  Duality &amp; linear time dissolves; Only time is now;                  No need for possessions or status.</p>
6D		<p><b>FOURTH DENSITY EXISTENCE</b>                  Transition from Egoic fear-based reality to love;                  Spiritual Awakening; Consciousness expansion;                  Purging of negative emotions &amp; belief systems;                  Realizing Self is not a body; Physical changes;                  Tap into collective consciousness; Increased telepathy                  Out of body experiences; Thinning of the "veil";                  Realization that something is changing in the world.</p>
5D	Spirit / Essence	<p><b>THIRD DENSITY EXISTENCE</b>                  Ego-centric; Self-serving; Actions based on fear;                  Conditional love - divisive; Lack of compassion;                  Judging others &amp; Self; Competitive; Self-righteous;                  Identifies with physical body; Self-importance;                  World of Scarcity; Not trusting; Fight or flight;                  Materialistic; Need security; Controlling;                  Emotionally charged by past &amp; future; Reactive.</p>
4D		
3D	Human Being	
2D		
1D	Physical Body	

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5D

## ASCENSION SYMPTOMS

<b>SEEING SYNCHRONICITY 11:11</b> <i>Interest in Tarot &amp; Astrology</i>	<b>CHANGE IN CAREERS</b> <i>Feeling Drained in Crowded Places</i>	<b>GOING INTO NATURE</b> <i>Visiting Psychics</i>	<b>FEELING LOST &amp; LONELY</b> <i>Feeling One with All</i>	<b>FEELING LOST &amp; LONELY</b> <i>Spending Time Alone</i>	<b>TRAVELLING TO ANCIENT LANDS</b> <i>Remote Viewing</i>
<b>URGE TO MOVE SOMEWHERE NEW</b> <i>Urge to Detox Body</i>	<b>LOOKING UP AT STARS AT NIGHT</b> <i>Urge to Detox Body</i>	<b>WAKING UP AT 3AM</b> <i>Urge to Detox Body</i>	<b>EATING ORGANIC FOOD</b> <i>Finding more Peace &amp; Love</i>	<b>SEEING UFO'S AND ET'S</b> <i>Feeling the "Chills" all over your body</i>	<b>PURSUEING WRITING &amp; ART &amp; MUSIC</b> <i>Feeling the "Chills" all over your body</i>
<b>INTENSE VIVID DREAMS</b> <i>Avoiding All Negativity</i>	<b>RESEARCHING METAPHYSICS</b> <i>Avoiding All Negativity</i>	<b>URGE TO THROW AWAY OLD JUNK</b> <i>Wishing others Love &amp; Blessings</i>	<b>TELEPATHY INCREASES</b> <i>Wishing others Love &amp; Blessings</i>	<b>KNOWING OF A COSMIC SHIFT TO OCCUR</b> <i>Wishing others Love &amp; Blessings</i>	<b>INTUITION INCREASES</b> <i>Wishing others Love &amp; Blessings</i>
<b>3RD EYE OPENING</b> <i>Sungazing</i>	<b>SPIRITUAL PHYSICAL MENTAL EMOTIONAL SHIFT INTO 5D</b>			<b>SEEING AURAS</b> <i>Astral Travelling</i>	<b>INCREASED EMPATHIC ABILITY</b> <i>Astral Travelling</i>
<b>EATING VEGETARIAN</b> <i>Health Obsessed</i>	<b>ENERGY HEALING</b> <i>Balancing Your Chakras</i>	<b>STRANGE ACHES/PAINS</b> <i>Health Obsessed</i>	<b>DNA ACTIVATION</b> <i>Psychic Abilities Increase</i>	<b>SEEING AURAS</b> <i>Learning to "Let Things Be"</i>	<b>ANIMALS DRAWN TO YOU</b> <i>Learning to "Let Things Be"</i>
<b>LOSING WEIGHT</b> <i>Loss/Gain in Appetite</i>	<b>FINDING LIFE PURPOSE</b> <i>Loss/Gain in Appetite</i>	<b>HIGH-PITCH RINGING IN EARS</b> <i>Loss/Gain in Appetite</i>	<b>NEW CRYSTAL COLLECTION</b> <i>Post-Life Memories</i>	<b>INTEREST IN YOGA</b> <i>Post-Life Memories</i>	<b>DREAMING OF STRANGE WORLDS</b> <i>Post-Life Memories</i>
<b>TIME SPEEDING UP</b> <i>Feeling heat/cold sensations</i>	<b>SKIN IRRITATIONS</b> <i>Longing to return "Home" to another planet or time</i>	<b>FEELING TINGLING NEAR 3RD EYE</b> <i>Longing to return "Home" to another planet or time</i>	<b>CRAVINGS FOR NEW FOODS</b> <i>Spending Time Near the Ocean</i>	<b>EXPLORING PSYCHEDELICS DMT MUSHROOMS CANNABIS</b> <i>Pursuing Gardening or Nature Activities</i>	<b>TEACHING OTHERS SPIRITUAL KNOWLEDGE</b> <i>Pursuing Gardening or Nature Activities</i>
<b>NEW CHANGES IN RELATIONSHIPS</b> <i>Having profound flashes of Insight</i>	<b>NEW FOUND TALENTS &amp; HOBBIES</b> <i>Having profound flashes of Insight</i>	<b>FASHION STYLE CHANGES</b> <i>Having profound flashes of Insight</i>	<b>PURSUEING WHAT YOU LOVE</b> <i>Walking Barefoot Grounding</i>	<b>INCREASED CREATIVITY</b> <i>Walking Barefoot Grounding</i>	<b>CHANGING SPIRITUAL BELIEFS</b> <i>Walking Barefoot Grounding</i>

*Meditate continually & maintain a High-Vibe Diet..Forgive yourself & all beings. Stay Loving & Compassionate.*

## What Methods Are There To Raise Vibrational Frequency & Consciousness?

### 1. Decalcify The Pineal Gland:

- "Seeing" More: Detoxifying Your Pineal Gland
- 11 Powerful Supplements To Detoxify Your Pineal Gland, Boost Brain Power & Increase Vitality
- Ashwagandha (Withania Somnifera)
- Hydroxychloroquine Decalcifies The Pineal Gland (Third Eye)
- How Fluoride Damages Pineal Gland Health
- Top 10 Ways To Reduce Fluoride Exposure
- Gravity Water System With Fluoride Filter
- Berkey® Water Filters

### 2. Healing Solfeggio Frequencies:

- All 9 Solfeggio Frequencies - Full Body Aura Cleanse & Cell Regeneration Therapy
1. 00:00:00 : 174 Hz : Relieves Pain & Stress
  2. 00:09:00 : 285 Hz : Heals Tissues & Organs
  3. 00:18:00 : 396 Hz : Eliminates Fear

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- 4. 00:27:00 : 417 Hz : Wipes Out Negativity
- 5. 00:36:00 : 528 Hz : Repairs DNA, Brings Positive Transformation
- 6. 00:45:00 : 639 Hz : Brings Love & Compassion in Life
- 7. 00:54:00 : 741 Hz : Detoxifies Cells & Organs
- 8. 01:03:00 : 852 Hz : Awakens Intuition, Raises Energy at Cellular Level
- 9. 01:12:00 : 963 Hz : Connects to Higher Self

**All 9 Solfeggio Frequencies - Full Body Aura Cleanse & Cell Regeneration Therapy**



- [What Are The Solfeggio Frequencies?](#)
- [Scientific Innovations Harness Noise & Acoustics For Healing](#)
- Resonance: Beings of Frequency (Documentary)

**Resonance: Beings of Frequency (FULL MOVIE)**



- Human Body Frequency Resonance





## Human Body Frequency Resonance

- [The Sacred Relationship of Vibration & Frequency To Physical Matter](#)

## The Sacred Relationship of Vibration and Frequency to Physical Matter



- [Amazing Resonance Experiment!](#)

## Amazing Resonance Experiment!



- [432 Hz – The Truth Behind Nature's Healing Frequency](#)

### 3. Exercise, Meditation & Yoga:

- [How To Meditate For Beginners](#)
- [Meditation For Beginners: 20 Practical Tips for Understanding The Mind](#)
- [Yoga With Adriene](#) (Free Beginner To Advanced Yoga Catalogue)
- [Meditation: Being Aware of Being Aware is the Highest Meditation](#)





### Meditation: Being Aware of Being Aware is the Highest Meditation



- How To Overcome Duality Of Mind?

### How To Overcome DUALITY Of Mind? | Patanjali Yoga Sutra |Gurudev Sri Sri Ravi ...



- Sadhguru On Becoming Hatha Yogi

### During 2,5 years Every Day Practice this!- Sadhguru on Becoming Hatha Yogi



- The Science of Kriya Yoga by Paramahansa Yogananda. Spirituality, Yogic Paths, Vedanta & Non Duality





The Science of Kriya Yoga by Paramahansa Yogananda. Spirituality, Yogic Paths, ...



#### 4. Emotional Freedom Technique & Tapping:

- How Tapping Can Help Reduce Stress & Anxiety

How TAPPING Can Help Reduce Stress & Anxiety About Coronavirus



- HappiTapping for Anxiety (EFT, Emotional Freedom Technique)

HappiTapping for ANXIETY (EFT, Emotional Freedom Technique)



- EFT And Muscle Testing

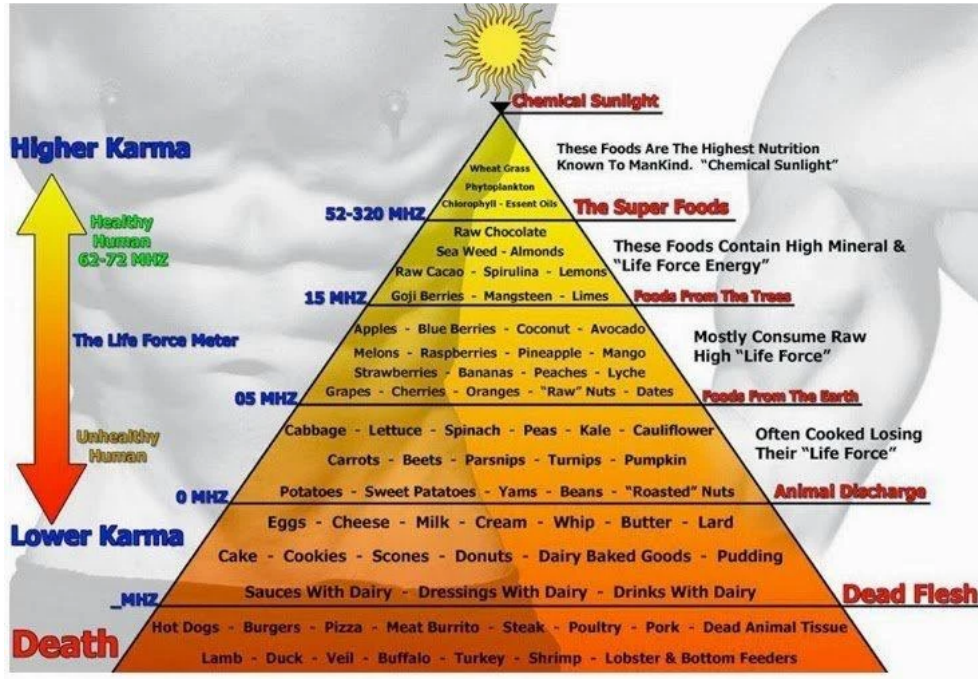




EFT And Muscle Testing



**5. Eat Clean & Healthy:**



- Top 10 Frequency Raising Foods
- High Vibration Foods To Elevate Your Consciousness
- Vibrational Frequency 101 + Foods To Increase It
- Energy To Burn – Are You Eating The Highest Frequency Food On Earth?
- High Vibration Foods To Achieve Optimal Health
- Fasting To Raise Vibration, Expand Consciousness & Thrive!
- How To Energy Test Good Food

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## How To Energy Test Good Food

- [How To Energetically Test Food That's Good For You](#)

## How To Energetically Test Food That's Good For You | Donna Eden



## 6. Detoxification:

- [The Benefits of Chlorophyll](#)
- [How To Make Your Own Chlorophyll Detox Water](#)
- [Healing 3-Ingredient Turmeric Tonic](#)
- [Ginseng: The Legendary Health Benefits of The Herb of Immortality & Strength](#)

## 7. Essential Oil Aromatherapy:

- [Essential Oils and Vibrational Healing](#)
- [An Overview of The Vibrational Frequency of Essential Oils](#)
- [Aromatherapy Essential Oil Frequency](#)
- [Vibrational Frequency & The Subtle Energy Nature of Essential Oils](#)
- [Raise Your Energy Frequency with Essential Oils](#)
- [How to Raise Your Body Frequency With Essential Oils](#)

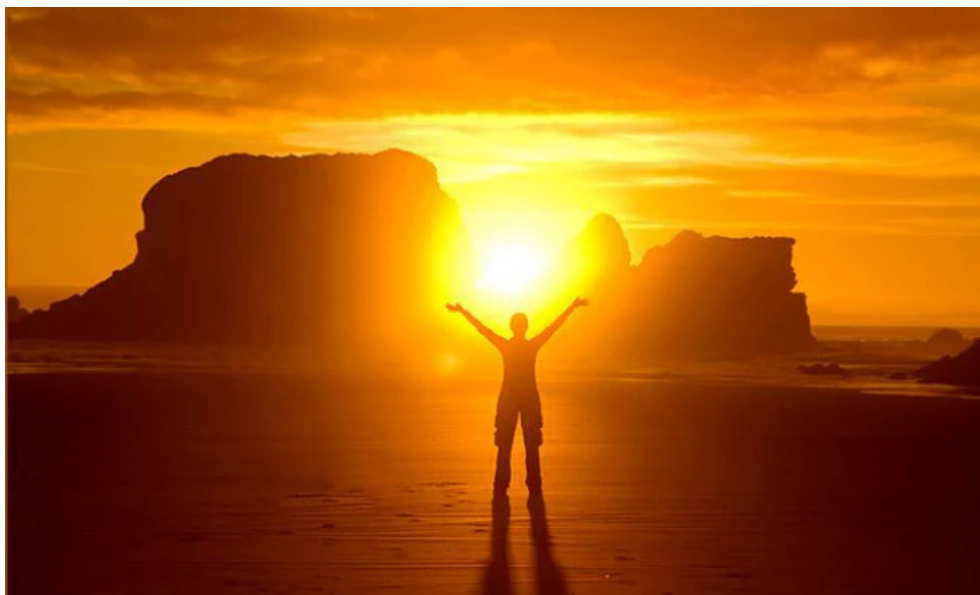


## 8. Sun Gazing:

- [8 Reasons To Try Sun Gazing!](#)
- [Sun Gazing: Health Benefits & 100 Reader Reviews](#)
- [Sun Gazing & Earthing](#)



- [How To Practice Sun Gazing To Improve Your Health](#)



## 9. Breathing:

- [Guided Wim Hof Method Breathing](#)

Guided Wim Hof Method Breathing

- [The Vagus Nerve & Resonance Frequency Breathing For Healing Mind & Body](#)
- [What Is Resonant Breathing & 4 Benefits of Mastering It](#)
- [Heart Breathing – A Simple Technique To Raise Your Vibration](#)

## 10. Healing Orgone & Orgonite Crystals:

- [What is Orgone?](#)
- [Orgonite Pendants: Why You Need To Have Them?](#)
- [The Healing Benefits Of Orgonite](#)
- [Orgone Vibes](#)

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### 11. Eliminate Negativity & Practice Positivity:

- [The Science of Healing Thoughts](#)
- [Dr. Masaru Emoto's Water Experiments](#)

Dr Masaru Emoto's Water Experiments



- [The Impossible Rice Experiment](#)

THE IMPOSSIBLE RICE EXPERIMENT



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- Shedding New Light On Negative Beliefs- Bashar Darryl

### Bashar :: Shedding New Light on Negative Beliefs - Highlights



## 12. Avoid Alcohol & Drugs:

- The Truth About Alcohol And Spirituality
- Why It's Hard To Drink Alcohol When You Raise Your Vibration

## 13. Emotional Infinite Intelligence:

- How To Access Infinite Intelligence

### How To Access 'Infinite Intelligence'



- Infinite Intelligence - (Neville Goddard, Charles F. Haanel, Napoleon Hill)





Infinite Intelligence - (Neville Goddard, Charles F. Haanel, Napoleon Hill)

- The 5 Laws - Bashar Darryl

the 5 laws Bashar Darryl ANka on Gaia.com



- Brian Miller - The Evidence For Intelligent Design

Delve #3 Brian Miller – The Evidence for Intelligent Design in...



- Crash Course: Understanding Brain Waves





## Crash Course: Understanding Brain Waves | Dr. JOE DISPENZA

- Human Brain & Quantum Physics (Science Full Documentary)

### Human Brain And Quantum Physics ( Science ) - Full Documentary HD



### **Bonus - Additional Resources:**

- [How Can You Explain The Human Vibration Frequency If You Can't See Or Touch It?](#)
- [Vibrational Frequency Of Emotions – Where Do You Sit On The Scale?](#)
- [Vibrational Frequency List](#)
- [8 Symptoms of a Low Vibration to Look Out For](#)
- [Do You Have a “Low” or “High Vibration”? Read These 63 Signs](#)
- [10 Ways To Raise Your Vibration](#)
- [17 Ways To Raise Your Vibration Fast](#)
- [20 Ways To Increase Your Vibrational Frequency](#)
- [25 Easy Ways To Raise Your Vibration Fast](#)
- [44 Ways To Raise Your Vibrational Frequency!](#)
- [The Hippies Were Right: It's All about Vibrations, Man!](#)
- [Debate On God Particle, Mystery of Universe Between Scientists & Spiritual Leaders](#)

### Big fight: Debate on God Particle , Mystry of Universe between Scientists and Spiri...





- We've Found The Magic Frequency (This Will Revolutionize Our Future)

We've Found The Magic Frequency (This Will Revolutionize Our Future)

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